

## HOUSE RULES AND REGULATIONS

928 West Cullom Avenue

1. **Profanity is not permitted on the property at any time.** This is a Spiritual based home in a Christian atmosphere. Your conduct must follow Spiritual principles at all times.
2. This is a recovery home. **No alcohol or drugs are allowed on the property.** Any use of alcohol or drugs will be grounds for immediate eviction. If a member is suspected of alcohol or drug use, he or she will be requested to take UA immediately and be evicted if positive. If member refuses to submit a UA, this action will be deemed as admitted guilt and eviction will follow.
3. No disruptive behavior is allowed. Any behavior, which is deemed by the Manager to be detrimental to the serenity and the recovery of the home, is strictly forbidden. This would include threats, physical violence or intimidation of any manner. Disruptive behavior may result in immediate eviction.
4. Stealing is not tolerated. Any offense may result in immediate eviction.
5. "Quiet time" is at 10:00pm - 9:00am Sunday - Thursday. Please keep noise to a minimum during this period. Cooking meals on the stove-top, oven or outdoor grill (microwaves, ok) **must be concluded by this time.** Visitors are not allowed during quiet time (Unless prior approval is obtained by management within 48 hours). Please keep TV'S and conversation at a low tone for members who go to work early in the morning.
6. No one is allowed in another's room, unless invited or member is present.
7. Clean up after yourself. When using kitchen; clean area and all dishes within 30 minutes of completion of meal. **Be sure to wipe down counter tops, tables and stove after every use.** You purchase your own food. If you didn't buy it - don't eat it unless it was given to you.
8. **Honesty is crucial in this home** and is an important principle to the program of Alcoholics Anonymous.
9. Everyone will share in weekly chores on a rotating basis. Incomplete chores will result in extra chore duties for the current or following week. Chores will still have to be completed by member. You cannot pay or ask another home member to do your chores. Chores must be completed by 6:00 pm, or within 1 hour upon returning from work.
10. No smoking anywhere in the Home. Doors must be shut when smoking outside. Smoking is only permitted in the smoking designated area in the back yard. Smoking in the front outside area of the home is not permitted or unless approved by the home Manager due to inclement weather.

11. The home computer is available for use by all home members. If you've been on the computer for 30 minutes or longer, you must allow another member on the computer within 15 minutes of their request. No pornography is allowed on the "home" computer. **DO NOT download programs on home computer, i.e., "instant messenger"**.

12. Home members are expected to maintain good hygiene. Each member is required to practice daily hygiene. Men must be clean shaved at all times where applicable!

13. Laundry area is run on a first come first serve basis. **No laundry is allowed to be left in the machines**. You must be present in the home while doing laundry and another member cannot do your laundry. Your laundry must be cleaned weekly!

14. Curfew for first 30 days is 10:00 pm Sunday-Thursday and 12:00 am weekends. After first 30 days, general curfew is 12:00 am (Sun-Thurs) and 2:00 am on Fri-Sat or unless prior arrangements are made with the Manager. **Overnight stays are not permitted during first 30 days, unless approved by the home Manager**. If you expect to be away for more than 24 hours you must obtain permission from the home Manager. No home member may be away for more than 3 nights in a seven-day period, without reasonable cause. Reasonable cause will include; family vacations, death to immediate family or emergency situation to an immediate family member.

15. Fraternalization between members of facility is strictly forbidden. Offenses can result in eviction for both parties involved.

16. For the safety of the home, insure all doors are locked during evening hours and when leaving the property. To ensure our comment to the environment, please turn off all electrical sources, when not in use. The main sources of energy are bedroom lights and fans, and all outside lighting.

17. Members who are not working, must be up and looking for work no later than 9:00am. **Members cannot work where alcohol is being served during their first 6 months of living in the home!** You must make your bed before 9:00am. On M-F & Sat-Sun, no later than 30 minutes upon awakening. Beds should be made daily, to uphold the cleanliness and expectation of the home.

18. Attendance at home meetings is mandatory. Only IOP can preclude a member from missing a home meeting. All home meeting are Sunday nights at 9 pm. During this time, current and future home business will be discussed. These meeting will ensure all members have the same expectations for the upcoming home events. Any variation from this schedule will require 48 hour notice from the home manager. Any extracurricular activities provided by the facility are optional for the member, but encouraged to help build comradery amongst members.