

**JOIN US FOR REFRESHMENTS
AND A FUN ACTIVITY**



46TH WARD

SENIOR SERIES

**4 Unbeatable Events:
Senior Safety + Self Defense |
Medicare Information Session + Bingo with Prizes
Financial Fraud Information + Crafts | Adult Welfare + Chair Yoga**

See back for dates and locations
Please RSVP

46TH WARD ALDERMAN
**JAMES
CAPPLEMAN**

 **aetna**[™]
medicare solutions



**OAK
STREET
HEALTH**

MONDAY, MARCH 23

Senior safety seminar and
self defense class with

19th District police & Mind Body Defense

*valid photo ID required

Ella Flagg Young
4645 N Sheridan
1:30 - 3:00 PM

WEDNESDAY, MAY 27

Adult Protective Services
and chair yoga activity

*valid photo ID required

Location TBD
10:00 - 11:30 AM

TUESDAY, JULY 28

Financial fraud
information session
and craft activity

Clarendon Court Apartments
4500 N Clarendon
1:30 - 3:00 PM

**THURSDAY,
SEPTEMBER 24**

Medicare information session
and bingo with prizes

Location TBD
10:00 - 11:30 AM

Please RSVP:

call 773-878-4646 or email Ward46@cityofchicago.org